

| MA CHAMPIONSHIP RECORDS as at 9 March 2021 | | | | | | | | | |
|--|-------------------|-------|------------|------|-----|---------------------|-------|--------------|------|
| AGE | N A M E | STATE | TIME | YEAR | AGE | N A M E | STATE | TIME | YEAR |
| | 60 METRES | | MEN | | | 60 METRES | | WOMEN | |
| M30 | **ROBERT VIDLER | VIC | 6.96s | 2011 | W30 | **FIONA CULLEN | QLD | 7.95s | 2011 |
| M35 | **ROBERT VIDLER | VIC | 7.21s | 2012 | W35 | WENDY SEEGER | WA | 7.92s | 2014 |
| M40 | ASHLEY MCMAHON | NSW | 7.21s | 2017 | W40 | **GIANNA MOGENTALE | NSW | 7.86s | 2007 |
| M45 | ERNIE LESEBERG | NSW | 7.37s | 2019 | W45 | **JULIE BRIMS | QLD | 7.75s | 2011 |
| M50 | RUDY KOCIS | WA | 7.59s | 2012 | W50 | JULIE BRIMS | QLD | 8.14s | 2016 |
| M55 | GARRY RALSTON | WA | 7.77s | 2012 | W55 | **GIANNA MOGENTALE | NSW | 8.44s | 2019 |
| M60 | KEITH HOWDEN | VIC | 8.13s | 2009 | W60 | WENDY SHEAVES-DORAN | QLD | 9.25s | 2011 |
| M65 | **ROB MCDONALD | QLD | 8.10s | 2010 | W65 | EVELYN PEAKE | SA | 9.27s | 2015 |
| M70 | **GLEN WILSON | QLD | 8.41s | 2011 | W70 | ANNETTE HORSNELL | QLD | 10.00s | 2008 |
| M75 | BOB WISHART | VIC | 8.73s | 2019 | W75 | ANN COOPER | SA | 10.23s | 2007 |
| M80 | RICHARD HUGHES | NSW | 9.47s | 2012 | W80 | **MIRIAM CUDMORE | SA | 11.04s | 2018 |
| M85 | RICHARD HUGHES | NSW | 10.71s | 2017 | W85 | **GWENDOLIN GLEESON | ACT | 14.78s | 2014 |
| M90 | **JIM SINCLAIR | VIC | 12.12s | 2015 | | | | | |
| | 100 METRES | | | | | 100 METRES | | | |
| M30 | ROBERT VIDLER | VIC | 11.05s | 2011 | W30 | LORRAINE GRAINGER | NSW | 12.31s | 1981 |
| M35 | JOHN DUBLEWICZ | NSW | 10.9s | 1991 | W35 | D. IRWIN | VIC | 12.44s | 1981 |
| M40 | REG AUSTIN | NSW | 11.12s | 1981 | W40 | GIANNA MOGENTALE | NSW | 12.37s | 2007 |
| M45 | HAL THOMAS | SA | 11.56s | 1981 | W45 | JULIE BRIMS | QLD | 12.55s | 2011 |
| M50 | LLOYD SNELLING | SA | 11.56s | 1981 | W50 | JULIE BRIMS | QLD | 12.63s | 2018 |
| M55 | HAL THOMAS | SA | 11.63s | 1992 | W55 | GIANNA MOGENTALE | NSW | 13.63s | 2019 |
| M60 | **BERNIE HOGAN | QLD | 12.15s | 1981 | W60 | **ANN COOPER | SA | 14.40s | 1990 |
| M65 | JOHN COOPER | QLD | 12.68s | 2006 | W65 | DAPHNE PIRIE | QLD | 14.7s | 1987 |
| M70 | **BOB WISHART | VIC | 13.28s | 2012 | W70 | ANNETTE HORSNELL | QLD | 16.14s | 2008 |
| M75 | HUGH COOGAN | QLD | 13.98s | 2012 | W75 | **ANN COOPER | SA | 16.09s | 2005 |
| M80 | **LEO COFFEY | VIC | 15.27s | 2011 | W80 | CORY COLLINS | ACT | 19.88s | 2017 |
| M85 | RICHARD HUGHES | NSW | 17.45s | 2017 | W85 | **GWEN GLEESON | ACT | 25.19s | 2014 |
| M90 | JAMES SINCLAIR | VIC | 20.30s | 2015 | W90 | **MARGARET PROWSE | VIC | 43.22s | 2012 |
| | 200 METRES | | | | | 200 METRES | | | |
| M30 | MARK ROSENBERG | NSW | 22.13s | 1994 | W30 | MELISSA MEDLICOTT | NSW | 24.74s | 1999 |
| M30 | JAY STONE | NSW | 22.13s | 2013 | W35 | MELISSA MEDLICOTT | NSW | 25.43s | 2006 |
| M35 | KEVIN SILVER | QLD | 22.29s | 1987 | W40 | JULIE BRIMS | QLD | 25.14s | 2008 |
| M40 | BRENDON WILSON | SA | 22.54s | 1983 | W45 | **JULIE BRIMS | QLD | 25.21s | 2011 |
| M45 | REG AUSTIN | NSW | 22.6s | 1984 | W50 | JULIE BRIMS | QLD | 26.09s | 2016 |
| M50 | **REG AUSTIN | NSW | 23.1s | 1987 | W55 | JULIE FORSTER | NSW | 28.27s | 2016 |
| M55 | REG AUSTIN | NSW | 24.26 | 1994 | W60 | **ANN COOPER | SA | 29.8s | 1991 |
| M60 | REG AUSTIN | NSW | 24.93s | 1999 | W65 | MARGE ALLISON | QLD | 31.40s | 2011 |
| M65 | JOHN COOPER | QLD | 26.17s | 2004 | W70 | MARGE ALLISON | QLD | 33.40s | 2016 |
| M70 | PETER CROMBIE | NSW | 27.16s | 2016 | W75 | ANN COOPER | SA | 34.72s | 2005 |
| M75 | HUGH COOGAN | QLD | 28.83s | 2011 | W80 | MIRIAM CUDMORE | SA | 40.00s | 2018 |
| M80 | **MIKE JOHNSTON | VIC | 31.82s | 2002 | W85 | **GWEN GLEESON | ACT | 57.85s | 2015 |
| M85 | RICHARD HUGHES | NSW | 35.13s | 2017 | | | | | |
| M90 | JIM SINCLAIR | VIC | 43.69s | 2015 | | | | | |
| | 400 METRES | | | | | 400 METRES | | | |
| M30 | MARK ROSENBERG | NSW | 48.35s | 1994 | W30 | **GLENDA DOUGLASS | NSW | 55.5s | 1996 |
| M35 | ROBERT MCCUBBIN | VIC | 49.46s | 2002 | W35 | MARIE KAY | NSW | 57.41s | 1999 |
| M40 | **ROBERT MCCUBBIN | VIC | 49.33s | 2004 | W40 | JUDY POLLOCK | VIC | 57.0s | 1983 |
| M45 | ANDREW WILCOX | VIC | 51.36s | 2015 | W45 | JANELLE DELANEY | NSW | 57.93s | 2015 |
| M50 | LLOYD SNELLING | SA | 52.5s | 1981 | W50 | MARGE ALLISON | NSW | 59.5s | 1995 |
| M55 | **TREVOR YOUNG | NSW | 54.63s | 2016 | W55 | BARBARA BLURTON | WA | 64.68s | 2005 |
| M60 | **TREVOR YOUNG | NSW | 55.42s | 2018 | W60 | MARGE ALLISON | NSW | 67.37s | 2005 |
| M65 | COLIN BUYERS | QLD | 59.85s | 2009 | W65 | JEANETTE FLYNN | QLD | 70.37s | 2017 |
| M70 | HUGH COOGAN | QLD | 62.17s | 2006 | W70 | ANNE STOBAUS | VIC | 77.93s | 2013 |
| M75 | HUGH COOGAN | QLD | 65.88s | 2012 | W75 | ANNE LANG | SA | 87.42s | 2018 |
| M80 | DAVID CARR | WA | 72.83s | 2013 | W80 | CORRINE COLLINS | ACT | 1m 42.75s | 2017 |
| M85 | **DAVID CARR | WA | 81.93s | 2018 | W85 | **MARGARET PROWSE | VIC | 2m 51.21s | 2006 |
| M90 | **JIM SINCLAIR | VIC | 1m 51.93s | 2015 | | | | | |
| | 800 METRES | | | | | 800 METRES | | | |
| M30 | **PAUL SCHNYDER | VIC | 1m 55.40s | 1997 | W30 | DEBBIE LANGE | SA | 2m 14.3s | 1986 |

| | | | | | | | | | |
|-----|-------------------------|-----|------------|------|-----|----------------------|-----|-------------|------|
| M35 | BRETT HALLS | NSW | 1m 53.96s | 2013 | W35 | ANNE HOLCOMBE | VIC | 2m 14.2s | 1986 |
| M40 | ROBERT MCCUBBIN | VIC | 1m 55.88s | 2004 | W40 | **SUZY COLE | TAS | 2m 10.48s | 2010 |
| M45 | KEITH WHEELER | WA | 2m 00.0s | 1989 | W45 | BARBARA BLURTON | VIC | 2m 17.2s | 1996 |
| M45 | ROBERT SCHWERKOLT | VIC | 2m 00.00s | 2011 | W50 | JENNY FLYNN | QLD | 2m 18.07s | 2005 |
| M50 | TOM ROBERTS | VIC | 2m 00.7s | 1984 | W55 | BARBARA BLURTON | WA | 2m 31.66s | 2005 |
| M55 | PAUL CRITCHLEY | NSW | 2m 06.55s | 1998 | W60 | JAN MORREY | VIC | 2m 41.20s | 2003 |
| M60 | DAVID CARR | WA | 2m 16.28s | 1993 | W65 | JENNY FLYNN | QLD | 2m 48.56s | 2017 |
| M65 | ALAN BRADFORD | QLD | 2m 22.15s | 2004 | W70 | ANNE STOBAUS | VIC | 3m 10.49s | 2012 |
| M70 | DAVID CARR | WA | 2m 29.64s | 2004 | W75 | JEANNE BRYAN | VIC | 3m 43.56s | 2017 |
| M75 | DAVID CARR | WA | 2m 38.5s | 2009 | W80 | CORY COLLINS | ACT | 4m 21.52s | 2017 |
| M80 | DAVID CARR | WA | 2m 54.83s | 2013 | W85 | **MARGARET PROWSE | VIC | 6m 35.91s | 2006 |
| M85 | DAVID CARR | WA | 3m 22.33s | 2019 | | | | | |
| M90 | **ALEX PITTENDRICH | QLD | 4m 28.2s | 1997 | | | | | |
| | 1500 METRES | | | | | 1500 METRES | | | |
| M30 | BRENDAN GRAY | QLD | 4m 06.17s | 2004 | W30 | T. BELL | NSW | 4m 43s | 1983 |
| M35 | BRETT HALLS | NSW | 3m 58.35s | 2016 | W35 | MARCIA SHEER | SA | 4m 30.16s | 1993 |
| M40 | ALBIE THOMAS | NSW | 3m 55.4s | 1975 | W40 | SUZY COLE | TAS | 4m 31.63s | 2012 |
| M45 | KEITH WHEELER | WA | 4m 02.1s | 1989 | W45 | DOT BROWNE | VIC | 4m 47.7s | 1986 |
| M50 | RON YOUNG | VIC | 4m 20.95s | 1981 | W50 | JENNY FLYNN | QLD | 4m 49.04s | 2004 |
| M55 | JACK RYAN | VIC | 4m 27.2s | 1982 | W55 | ROBYN BASMAN | NSW | 5m 13.43s | 2014 |
| M60 | BERT CARSE | WA | 4m 40.11s | 2002 | W60 | JEANETTE FLYNN | QLD | 5m 35.48s | 2013 |
| M65 | DONALD MATHEWSON | NSW | 4m 51.60s | 2011 | W65 | LAVINIA PETRIE | VIC | 6m 00.40s | 2011 |
| M70 | JOHN GILMOUR | WA | 5m 10.2s | 1991 | W70 | LAVINIA PETRIE | VIC | 6m 12.92s | 2015 |
| M75 | RANDALL HUGHES | VIC | 5m 32.09s | 1999 | W75 | JEANNE BRYAN | VIC | 7m 33.44s | 2017 |
| M80 | DAVID CARR | WA | 6m 31.59s | 2014 | W80 | **JUNE MCINTYRE | NT | 9m 09.49s | 2017 |
| M85 | DAVID CARR | WA | 7m 00.37s | 2019 | | | | | |
| M90 | ALEX PITTENDRICH | QLD | 11m 04.39s | 1998 | | | | | |
| | 5000 METRES | | | | | 5000 METRES | | | |
| M30 | PAUL WILSON | VIC | 15m 08.60s | 2002 | W30 | BILLINDA SCHIPP | NSW | 17m 03.13s | 2008 |
| M35 | **GARY HAND | ACT | 14m 36.8s | 1985 | W35 | MARCIA SHEER | SA | 16m 42.74s | 1994 |
| M40 | ALBIE THOMAS | NSW | 14m 50.8s | 1975 | W40 | GLENDA BANAGHAN | QLD | 17m 05.51s | 2007 |
| M45 | DAVE POWER | NSW | 15m 33.6s | 1975 | W45 | DOT BROWNE | VIC | 17m 33.3s | 1986 |
| M50 | JIM LANGFORD | WA | 16m 02.7s | 1996 | W50 | **BRONWEN CARDY | VIC | 17m 44.75s | 2002 |
| M55 | JOHN GILMOUR | WA | 16m 28.3s | 1975 | W55 | **LOUISA ABRAM | QLD | 18m 24.57s | 2018 |
| M60 | JOHN GILMOUR | WA | 16m 38.3s | 1982 | W60 | LAVINIA PETRIE | VIC | 19m 58.73s | 2004 |
| M65 | JOHN GILMOUR | WA | 17m 44.4s | 1986 | W65 | LAVINIA PETRIE | VIC | 21m 09.72s | 2010 |
| M70 | JOHN GILMOUR | WA | 18m 47.0s | 1990 | W70 | ***LAVINIA PETRIE | VIC | 21m 34.08s | 2014 |
| M75 | **RANDALL HUGHES | VIC | 20m 18.04s | 1999 | W75 | ***LAVINIA PETRIE | VIC | 23m 30.93s | 2019 |
| M80 | BILL BURRIDGE | NSW | 24m 39.08s | 2006 | W80 | JUNE MCINTYRE | NT | 34m 34.80s | 2017 |
| M85 | **IRWIN BARRETT-LENNARD | WA | 28 50.90s | 2015 | | | | | |
| | 10,000 METRES | | | | | 10,000 METRES | | | |
| M30 | PAUL WILSON | VIC | 31m 50.16s | 2002 | W30 | **BILLINDA SCHIPP | NSW | 35m 07.4s | 2008 |
| M35 | **ERIC COYLE | TAS | 29m 58.6s | 1985 | W35 | DESIREE LETHERBY | SA | 35m 39s | 1983 |
| M40 | STEVE AUSTIN | VIC | 30m 23.18s | 1992 | W40 | DOT BROWNE | VIC | 35m 41s | 1983 |
| M45 | DAVE POWER | NSW | 32m 10s | 1974 | W45 | **BRONWEN CARDY | VIC | 36m 06.26s | 2001 |
| M50 | DAVID SWEENEY | QLD | 33m 03.74s | 2015 | W50 | THERESIA BAIRD | VIC | 38m 00.32s | 1992 |
| M55 | BRUCE GRAHAM | ACT | 34m 12.77s | 2018 | W55 | **BRONWEN CARDY | VIC | 37m 50.93 | 2007 |
| M60 | JOHN GILMOUR | WA | 35m 10s | 1980 | W60 | LAVINIA PETRIE | VIC | 42m 06.09s | 2004 |
| M65 | PETER SANDERY | SA | 37m 40.41 | 2007 | W65 | LAVINIA PETRIE | VIC | 44m 07.82s | 2010 |
| M70 | JOHN GILMOUR | WA | 39m 49s | 1990 | W70 | LAVINIA PETRIE | VIC | 44m 43.27s | 2014 |
| M75 | **RANDALL HUGHES | VIC | 43m 05.41s | 2000 | W75 | SHIRLEY YOUNG | VIC | 59m 06.37s | 2005 |
| M80 | **BILL BURRIDGE | NSW | 50m 23.45s | 2006 | | | | | |
| M85 | **KEN MATCHETT | VIC | 60m 52.92s | 2007 | | | | | |
| | HALF MARATHON | | | | | HALF MARATHON | | | |
| M30 | ANDREW ALLISON | TAS | 1h 15m 06s | 2010 | W30 | KAREN WATSON | TAS | 1h 26m 01s | 2013 |
| M35 | PATRICK NISPEL | QLD | 1h 12m 03s | 2017 | W35 | SHILOH WATTS | QLD | 1h 25m 27s | 2017 |
| M40 | NEIL PEARSON | NSW | 1h 13m 30s | 2015 | W40 | SANDRA PROSENICA | VIC | 1h 20m 43s | 2010 |
| M45 | BRUCE GRAHAM | ACT | 1h 13m 05s | 2010 | W45 | GLENDA BANAGHAN | QLD | 1h 22m 34s | 2011 |
| M50 | BRUCE GRAHAM | ACT | 1h 16m 54s | 2016 | W50 | DONNA DEW | VIC | 1h 30m 44s | 2012 |
| M55 | BRUCE GRAHAM | ACT | 1h 16m 29s | 2019 | W55 | LOUISA ABRAM | QLD | 1h 26m 35ss | 2017 |
| M60 | RON PETERS | QLD | 1h 18m 53s | 2016 | W60 | JANET UPCHER | TAS | 1h 39m 40s | 2010 |

| | | | | | | | | | |
|-----|--------------------------------------|-----|-----------------------------|------------|-----|---------------------------------|-----|-----------------------------|------------|
| M65 | REX WAGNER | TAS | 1h 28m 11s | 2016 | W65 | LAVINIA PETRIE | VIC | 1h 38m 01s | 2010 |
| M70 | BARRY BROOKS | VIC | 1h 32m 45s | 2012 | W70 | LAVINIA PETRIE | VIC | 1h 37m 54s | 2014 |
| M75 | ALLAN WAREHAM | NSW | 2h 07m 14s | 2015 | | | | | |
| M80 | BILL PAGE | VIC | 2h 00m 04s | 2011 | | | | | |
| M85 | GORDON MCKEOWN | VIC | 3h 06m 09s | 2010 | | | | | |
| | MARATHON | | | | | MARATHON | | | |
| M30 | STEVE EVANS | ? | 2h 27m 25s | 1995 | W30 | CAROL EY | ACT | 2h 50m 29s | 1992 |
| M35 | GARRY HAND | ACT | 2h 23m 38s | 1985 | W35 | SUSAN HOBSON | ACT | 2h 32m 57s | 1994 |
| M40 | **GARRY HAND | ACT | 2h 19m 00s | 1987 | W40 | JOANNE COWAN | NSW | 2h 44m 16s | 1997 |
| M45 | BILL RAIMOND | NSW | 2h 29m 07s | 1982 | W45 | **BEV LUCAS | SA | 2h 43m 45s | 1995 |
| M50 | TONY LARKUM | NSW | 2h 36m 30s | 1991 | W50 | BEV LUCAS | SA | 2h 49m 42s | 1997 |
| M55 | JOHN GILMOUR | WA | 2h 40m 56s | 1978 | W55 | JANET UPCHER | TAS | 3h 18m 09s | 2002 |
| M60 | JOHN SHAW | QLD | 2h 45m 19s | 2016 | W60 | MARIE O'DONOVAN | NSW | 3h 20m 28s | 1993 |
| M65 | **COLIN MCLEOD | QLD | 2h 54m 41s | 2003 | W65 | **LAVINIA PETRIE | VIC | 3h 28m 24s | 2010 |
| M70 | COLIN MCLEOD | QLD | 3h 04m 07s | 2006 | W70 | LESLEY LE VALLIANT | QLD | 4h 34m 59s | 2013 |
| M75 | RANDALL HUGHES | VIC | 3h 40m 47s | 1999 | W75 | NORMA WALLETT | NSW | 5h 29m 40s | 2006 |
| M80 | KEN MATCHETT | VIC | 5h 17m 41s | 2003 | | | | | |
| M85 | KEN MATCHETT | VIC | 5h 25m 19s | 2007 | | | | | |
| | 3000 METRES STEEPLECHASE | | | | | 2000 METRES STEEPLECHASE | | new height | 30" |
| M30 | BRENDAN GRAY | QLD | 10m 05.24s | 2004 | W30 | MARY FIEN | NSW | 7m 24.74s | 2007 |
| M35 | JEFF BRODERICK | VIC | 9m 13s | 1991 | W35 | MARY FIEN | NSW | 7m 33.68s | 2009 |
| M40 | DOUG WORLING | QLD | 9m 31.6s | 1975 | W40 | ELAINE COOPER | ACT | 7m 17.61s | 2001 |
| M45 | DOUG WORLING | QLD | 9m 50.66s | 1981 | W45 | SHARON PEDERSEN | VIC | 7m 51.79s | 2017 |
| M50 | ALAN BRADFORD | QLD | 10m 15.1s | 1991 | W50 | JANUS WRIGHT | VIC | 8m 34.25s | 2001 |
| M55 | ALAN BRADFORD | QLD | 10m 29.16s | 1994 | W55 | **ANTOINETTE SHAW | WA | 8m 23.96s | 2003 |
| | 2000 METRES STEEPLECHASE | | new height | 30" | W60 | MARGARET SAUNDERS | WA | 9m 26.96s | 2016 |
| M60 | ALAN BRADFORD | QLD | 7m 05.51s | 1999 | W65 | MARLENE GOURLAY | VIC | 9m 51.48s | 2019 |
| M65 | ALAN BRADFORD | QLD | 7m 28.46s | 2004 | W70 | GILLIAN YOUNG | WA | 10m 10.46s | 2018 |
| M70 | ALAN BRADFORD | QLD | 8m 20.95s | 2009 | W75 | LYNNE SCHICKERT | WA | 17m 36.51s | 2018 |
| M75 | **DAVID CARR | WA | 8m 56.59s | 2008 | | | | | |
| M80 | DAVID CARR | WA | 9m 52.23s | 2014 | | | | | |
| M85 | DAVID CARR | WA | 11m 10.86s | 2018 | | | | | |
| | 110 METRES HURDLES .991m/3'3" | | | | | 100 METRES HURDLES | | .840m/2'9" | |
| M30 | GREG EYEARS | NSW | 14.76s | 2014 | W30 | EILEEN HINDLE | WA | 14.67s | 1983 |
| M35 | RYAN DOWLING | NSW | 15.09s | 2018 | W35 | EILEEN HINDLE | WA | 14.7s | 1984 |
| M40 | CONRAD BURGE | ACT | 15.5s | 1991 | | 80 METRES HURDLES | | .762m/2'6" | |
| M45 | **HARRY GILES | QLD | 15.5s | 1990 | W40 | EILEEN HINDLE | WA | 11.8s | 1989 |
| | 100 METRES HURDLES .914m/3' | | | | W45 | LENORE LAMBERT | NSW | 12.57s | 2016 |
| M50 | MICK STEVENSON | TAS | 15.2s | 1991 | W50 | **SALLY STAGLES | NSW | 12.86s | 2011 |
| M55 | **HARRY GILES | QLD | 15.42s | 1994 | W55 | **SALLY STAGLES | NSW | 12.94s | 2018 |
| | 100 METRES HURDLES .840m/2'9" | | | | | 80 METRES HURDLES | | .686m/2'3" from 2000 | |
| M60 | HARRY GILES | QLD | 16.68s | 2005 | W60 | MARGARET TAYLOR | ACT | 14.63s | 2011 |
| M65 | MICK STEVENSON | TAS | 16.95s | 2007 | W65 | MARGARET TAYLOR | ACT | 17.10s | 2015 |
| | 80 METRES HURDLES .762m/2'6" | | | | W70 | MARGARET TAYLOR | ACT | 19.06s | 2019 |
| M70 | **MICK STEVENSON | TAS | 14.13s | 2011 | W75 | FRAN HARRIS | ACT | 21.67s | 2017 |
| M75 | FRED O'CONNOR | NSW | 15.78s | 1999 | | | | | |
| M80 | MIKE HALL | VIC | 18.25s | 2019 | | | | | |
| M85 | STAN STANKOVIC | VIC | 34.62s | 2008 | | | | | |
| | 400 METRES HURDLES .914m/3' | | | | | 400 METRES HURDLES | | .762m/2'6" | |
| M30 | STEPHEN RAE | TAS | 55.72s | 2011 | W30 | **GLENDA DOUGLASS | NSW | 61.6s | 1996 |
| M35 | HARRYGILES | QLD | 56.09s | 1981 | W35 | JANETTE VAN DEN BULK | VIC | 64.71s | 2016 |
| M40 | HARRYGILES | QLD | 56.73s | 1988 | W40 | STACEY QUITZAU | NSW | 64.97s | 2001 |
| M45 | HARRYGILES | QLD | 58.8s | 1990 | W45 | **LENORE LAMBERT | NSW | 63.63s | 2017 |
| | JOHN MOLLOY | WA | 58.8s | 1996 | | 300 METRES HURDLES | | .762m/2'6" | |
| | 400 METRES HURDLES | | .840m/2'9" | | W50 | JACKIE BEZUIDENHOUT | NSW | 50.34s | 2018 |
| M50 | HARRY GILES | QLD | 62.14s | 1994 | W55 | MICHELE HOSSACK | VIC | 51.00s | 2016 |
| M55 | RICHARD TREMBATH | VIC | 62.60s | 1999 | | 300 METRES HURDLES | | .686m/2'3" from 2000 | |
| | 300 METRES HURDLES | | .762m/2'6" | | W60 | MARGE ALLISON | NSW | 54.87s | 2005 |
| M60 | RICHARD TREMBATH | VIC | 45.24s | 2003 | W65 | FRANCES HARRIS | ACT | 67.37s | 2007 |
| M65 | JOHN LAMB | NSW | 49.05s | 2015 | | 200 METRES HURDLES | | .686m/2'3" | |
| | 300 METRES HURDLES | | .686m/2'3" from 2000 | | W70 | FRAN HARRIS | WA | 50.94s | 2015 |

| | | | | | | | | | |
|------|---------------------------|-----|-------------------|------|-----|-------------------------|-----|------------|------|
| M70 | MICK STEVENSON | TAS | 53.32s | 2012 | | | | | |
| M75 | MICK STEVENSON | TAS | 58.46s | 2016 | | | | | |
| | 200 METRES HURDLES | | .686m/2'3" | | | | | | |
| M80 | OSMO MILLRIDGE | NSW | 44.11s | 2012 | | | | | |
| M85 | **OSMO MILLRIDGE | NSW | 52.22s | 2017 | | | | | |
| | 1500m TRACK WALK | | | | | 1500m TRACK WALK | | | |
| M30 | **KIM MOTTROM | SA | 6m 04.50s | 2017 | W30 | MELISSA LEWIS | WA | 7m 32.41s | 2018 |
| M35 | DANIEL WALTERS | VIC | 6m 12.2s | 2019 | W35 | KYLIE IRSHAD | VIC | 6m 54.84s | 2010 |
| M40 | DEAN NIPPERESS | QLD | 6m 06.67s | 2014 | W40 | TRACY FEINER | VIC | 7m 04.38s | 2019 |
| M45 | JAMES CHRISTMASS | VIC | 6m 27.58s | 2014 | W45 | ANN STAUNTON-JUGOVIC | ACT | 7m 26.45s | 2011 |
| M50 | ANDREW DUNCAN | WA | 6m 38.57s | 2018 | W50 | PAM TINDAL | VIC | 7m 04.54s | 2010 |
| M55 | PETER BENNETT | QLD | 6m 48.21s | 2011 | W55 | PAM TINDAL | VIC | 7m 17.68s | 2015 |
| M60 | COLIN HEYWOOD | NT | 7m 08.43s | 2015 | W60 | HEATHER CARR | VIC | 7m 21.20s | 2010 |
| M65 | ANDREW JAMIESON | VIC | 7m 15.85s | 2015 | W65 | HEATHER CARR | VIC | 7m 58.85s | 2015 |
| M70 | **RALPH BENNETT | VIC | 8m 00.40s | 2012 | W70 | GWEN STEED | VIC | 9m 17.63s | 2013 |
| M75 | BOB GARDINER | VIC | 8m 35.84s | 2012 | W75 | GWEN STEED | VIC | 10m 17.90s | 2019 |
| M80 | **JIM SEYMON | NSW | 9m 38.26s | 2018 | W80 | CHRISTIANE DAUPHINET | QLD | 11m 32.7s | 2011 |
| M85 | OSMO MILLRIDGE | NSW | 11m 14.58s | 2017 | W85 | HEATHER LEE | NSW | 11m 36.90s | 2012 |
| M90 | **PETER KENNEDY | WA | 16m 11.60s | | | | | | |
| | 5km TRACK WALK | | | | | 5km TRACK WALK | | | |
| M 30 | IGNACIO JIMENEZ | QLD | 22m 55.1s | 1995 | W30 | MIRIAM HARDING | ACT | 25m 46.9s | 1988 |
| M 35 | DAVID SMITH | QLD | 20m 43.8s | 1995 | W35 | KELLY RUDDICK | VIC | 22m 39.87s | 2012 |
| M 40 | DAVID SMITH | QLD | 21m 26.18s | 1998 | W40 | LYN VENTRIS | WA | 23m 55.5s | 2001 |
| M 45 | JOHN SMITH | NSW | 22m 32s | 1984 | W45 | LYN VENTRIS | WA | 23m 51.03s | 2006 |
| M 50 | ANDREW JAMIESON | VIC | 23m 15.65s | 1999 | W50 | ***LYN VENTRIS | WA | 23m 37.78s | 2007 |
| M 55 | BOB GARDINER | VIC | 23m 40.1s | 1991 | W55 | HEATHER CARR | VIC | 26m 01.40s | 2007 |
| M 60 | ANDREW JAMIESON | VIC | 23m 40.81s | 2009 | W60 | ***LYN VENTRIS | WA | 25m 41.58s | 2018 |
| M 65 | ANDREW JAMIESON | VIC | 24m 54.01s | 2015 | W65 | BRENDA RILEY | VIC | 27m 51.04s | 2006 |
| M 70 | TOM DAINTRY | VIC | 27m 01.8s | 1982 | W70 | **JEAN ALBURY | TAS | 29m 42.75s | 2000 |
| M 75 | TOM DAINTRY | VIC | 28m 43.86s | 1987 | W75 | GWEN STEED | VIC | 35m 30.88s | 2019 |
| M 80 | TOM DAINTRY | VIC | 30m 42.80s | 1992 | W80 | NANCE JEFFREYS | VIC | 39m 04s | 1990 |
| M 85 | **GUS THEOBALD | VIC | 33m 14.2s | 1982 | W80 | CHRISTIANE DAUPHINET | QLD | 39m 04.68s | 2011 |
| M 90 | **GUS THEOBALD | VIC | 35m 10s | 1987 | W85 | HEATHER LEE | NSW | 40m 36.43s | 2013 |
| | | | | | W90 | ***HEATHER LEE | NSW | 41m 04.87s | 2018 |
| | 10km ROAD WALK | | | | | 10 KM ROAD WALK | | | |
| M30 | KIM MOTTROM | SA | 47m 42s | 2017 | W30 | LORRAINE JACHNO | ACT | 47m 39s | 1991 |
| M35 | AARON MCDONOUGH | VIC | 51m 07s | 2012 | W35 | KELLY RUDDICK | VIC | 47m 57s | 2012 |
| M40 | MARK BLACKWOOD | VIC | 47m 21s | 2019 | W40 | LYN VENTRIS | WA | 47m 25s | 2001 |
| M45 | IGNACIO JIMENEZ | QLD | 49m 27s | 2011 | W45 | LYN VENTRIS | WA | 48m 34s | 2006 |
| M50 | ANDREW DUNCAN | WA | 49m 25s | 2019 | W50 | **LYN VENTRIS | WA | 48m 27s | 2007 |
| M55 | COLIN HEYWOOD | ACT | 50m 17s | 2011 | W55 | HEATHER CARR | VIC | 54m 33m | 2007 |
| M60 | ANDREW JAMIESON | VIC | 50m 02s | 2011 | W60 | HEATHER CARR | VIC | 54m 12s | 2010 |
| M65 | ANDREW JAMIESON | VIC | 53m 44s | 2014 | W65 | BRENDA RILEY | VIC | 56m 53s | 2006 |
| M70 | RALPH BENNETT | VIC | 56m 29s | 2012 | W70 | **JEAN ALBURY | TAS | 62m 31s | 2000 |
| M75 | **BOB GARDINER | VIC | 59m 55s | 2012 | W75 | LORNA THOMPSON | QLD | 74m 53s | 2005 |
| M80 | JIM SEYMON | NSW | 1h 10m 07s | 2018 | W75 | CHRISTIANE DAUPHINET | QLD | 74m 53s | 2007 |
| M85 | RICHARD KEATINGE | QLD | 1h 20m 12s | 2009 | W80 | NANCE JEFFREYS | VIC | 77m 35s | 1990 |
| | | | | | W85 | **HEATHER LEE | NSW | 80m 54s | 2013 |
| | | | | | W90 | ***HEATHER LEE | NSW | 85m 28s | 2018 |
| | 20km ROAD WALK | | | | | 20km ROAD WALK | | | |
| M30 | RICHARD EVERSON | SA | 1h 42m 44s | 1998 | | unclaimed | | | |
| M35 | CHRIS LOCKWOOD | NSW | 1h 37m 03s | 2001 | W35 | SARAH BRENNAN | VIC | 1h 49m 22s | 2013 |
| M40 | GEORGE WHITE | VIC | 1h 37m 53s | 1990 | W40 | KELLY RUDDICK | VIC | 1h 36m 45s | 2015 |
| M45 | JOHN SMITH | NSW | 1h 37m 16s | 1984 | W45 | DONNA ELMS | VIC | 2h 21m 04s | 2010 |
| M50 | ANDREW JAMIESON | VIC | 1h 38m 58s | 1997 | W50 | LYNETTE VENTRIS | WA | 1h 39m 51s | 2011 |
| M55 | ANDREW JAMIESON | VIC | 1h 39m 44s | 2006 | W55 | BARBARA BRYANT | VIC | 2h 00m 23s | 2011 |
| M60 | ANDREW JAMIESON | VIC | 1h 38m 18s | 2007 | W60 | HEATHER CARR | VIC | 1h 56m 18s | 2011 |
| M65 | RUSSELL DICKENSON | VIC | 1h 55m 33s | 2011 | W65 | HEATHER CARR | VIC | 2h 07m 10s | 2015 |
| M70 | RALPH BENNETT | VIC | 1h 57m 35s | 2012 | W70 | MARLAINE STANWAY | VIC | 2h 33m 11s | 2010 |
| M75 | TOM DAINTRY | VIC | 2h 06m 40s | 1987 | W75 | MARGARET BEAUMONT | VIC | 3h 01m 23s | 2015 |
| M80 | RODGER BARBER | SA | 2h 42m 49s | 2018 | W80 | MARGARET BEAUMONT | VIC | 3h 17m 34s | 2018 |

| | | | | | | | | | |
|------|--------------------|-----|------------|------|-----|--------------------|-----|--------|------|
| M85 | GUS THEOBALD | VIC | 2h 28m 24s | 1983 | | | | | |
| M90 | **GUS THEOBALD | VIC | 2h 34m 01s | 1987 | | | | | |
| | HIGH JUMP | | | | | HIGH JUMP | | | |
| M30 | TERRY BALDWIN | VIC | 1.90m | 1994 | W30 | **LYNETTE SMITH | NSW | 1.66m | 2005 |
| M35 | CLAYTON TOMPKINS | NSW | 1.85m | 1988 | W35 | LYNETTE SMITH | NSW | 1.59m | 2010 |
| M40 | GRAEME MORRISH | VIC | 1.95m | 1982 | W40 | DEANN MAYFIELD | QLD | 1.70m | 2005 |
| M45 | PAUL SCHOFIELD | VIC | 1.81m | 2019 | W45 | LENORE LAMBERT | NSW | 1.52m | 2016 |
| M50 | JOHN HUNT | ACT | 1.74m | 1992 | W50 | MARIE KAY | QLD | 1.45m | 2010 |
| M55 | JOHN HUNT | ACT | 1.68m | 1997 | W55 | MARGARET TAYLOR | ACT | 1.35m | 2003 |
| M55 | CLAYTON TOMPKINS | NSW | 1.68m | 2008 | W60 | MARGARET TAYLOR | ACT | 1.27m | 2010 |
| M60 | **CLAYTON TOMPKINS | NSW | 1.61m | 2013 | W65 | MARGARET TAYLOR | ACT | 1.22m | 2015 |
| M65 | JOHN SEARLE | NSW | 1.46m | 2014 | W70 | GWEN DAVIDSON | VIC | 1.16m | 1993 |
| M70 | ALAN ROLFE | QLD | 1.41m | 1999 | W70 | MARGARET TAYLOR | ACT | 1.16m | 2018 |
| M75 | **GORDON GOURLAY | VIC | 1.33m | 2005 | W75 | GWEN DAVIDSON | VIC | 1.05m | 2001 |
| M80 | VIC YOUNGER | QLD | 1.17m | 1994 | | | | | |
| M80 | TOM HANCOCK | VIC | 1.17m | 2017 | | | | | |
| M85 | VIC YOUNGER | QLD | 1.05m | 1998 | | | | | |
| M90 | **VIC YOUNGER | VIC | 0.95m | 2004 | | | | | |
| | LONG JUMP | | | | | LONG JUMP | | | |
| M30 | TERRY BALDWIN | VIC | 6.46m | 1994 | W30 | **JITKA HISCOX | NSW | 5.74m | 1982 |
| M35 | CLAYTON TOMPKINS | NSW | 6.73m | 1986 | W35 | MELISSA FOSTER | WA | 5.78m | 2018 |
| M40 | ROBERT LEHMANN | VIC | 6.66m | 2012 | W40 | HELEN SEARLE | NSW | 5.59m | 1983 |
| M45 | P. VALLANCE | NSW | 6.26m | 1991 | W45 | MARIE KAY | NSW | 5.21m | 2006 |
| M50 | GRAHAM TAYLOR | ACT | 5.76m | 1997 | W50 | **MARIE KAY | QLD | 5.41m | 2010 |
| M55 | LUKE DE BIASI | Vic | 5.79m | 2019 | W55 | MARGARET TAYLOR | ACT | 4.57m | 2003 |
| M60 | DON FRASER | ACT | 5.27m | 1999 | W60 | MARGARET TAYLOR | ACT | 4.36m | 2011 |
| M65 | JOHN SEARLE | NSW | 5.04m | 2014 | W65 | MARGARET TAYLOR | ACT | 3.96m | 2015 |
| M70 | DAVID CLIVE | WA | 4.57m | 2009 | W70 | **MARGARET TAYLOR | ACT | 3.66m | 2018 |
| M75 | **DAVID CLIVE | WA | 4.42m | 2012 | W75 | MIRIAM CUDMORE | SA | 3.38m | 2013 |
| M80 | **GRAEME NODEN | VIC | 3.99m | 2018 | W80 | **MIRIAM CUDMORE | SA | 3.04m | 2018 |
| M85 | MAURICE DAUPHINET | QLD | 2.98m | 2011 | | | | | |
| M90 | ALEX PITTENDRICH | QLD | 2.14m | 1998 | | | | | |
| | TRIPLE JUMP | | | | | TRIPLE JUMP | | | |
| M30 | ROGER GROPPPI | VIC | 13.10m | 1997 | W30 | **MAREE BUGEJA | QLD | 11.68m | 2006 |
| M35 | CLAYTON TOMPKINS | NSW | 14.19m | 1988 | W35 | MELISSA FOSTER | WA | 11.95m | 2015 |
| M40 | DEREK BOOSEY | QLD | 14.01m | 1987 | W40 | JULIE BRIMS | QLD | 11.17m | 2007 |
| M45 | NICK HODGSON | VIC | 12.98m | 2013 | W45 | MARGARET TAYLOR | ACT | 10.74m | 1995 |
| M50 | NICK HODGSON | VIC | 12.70m | 2016 | W50 | MARGARET TAYLOR | ACT | 10.45m | 2000 |
| M55 | KEN McCONNELL | TAS | 12.19m | 1980 | W55 | **MARGARET TAYLOR | ACT | 10.20m | 2003 |
| M55 | CLAYTON TOMPKINS | NSW | 12.19m | 2010 | W60 | MARGARET TAYLOR | ACT | 9.05m | 2012 |
| M60 | CLAYTON TOMPKINS | NSW | 11.75m | 2013 | W65 | **MARGARET TAYLOR | ACT | 8.72m | 2015 |
| M65 | KEN McCONNELL | TAS | 10.58m | 1990 | W70 | MARGARET TAYLOR | ACT | 7.82m | 2019 |
| M70 | **FRED O'CONNOR | NSW | 9.85m | 1994 | W75 | **MIRIAM CUDMORE | SA | 7.49m | 2013 |
| M75 | FRED O'CONNOR | NSW | 8.92m | 2000 | W80 | MIRIAM CUDMORE | SA | 6.75m | 2018 |
| M80 | **FRED O'CONNOR | NSW | 8.23m | 2004 | | | | | |
| M85 | LEO COFFEY | VIC | 6.23m | 2016 | | | | | |
| M90 | ALEX PITTENDRICH | QLD | 5.50m | 1998 | | | | | |
| | POLE VAULT | | | | | POLE VAULT | | | |
| M30 | WARREN EVANS | QLD | 3.65m | 2005 | W30 | MONTSE ROS | NSW | 3.00m | 2009 |
| M35 | GEOFF GIBBONS | TAS | 4.10m | 2014 | W35 | IRIE HILL | VIC | 3.85m | 2006 |
| M40 | HOWARD ARBUTHNOT | QLD | 4.20m | 2011 | W40 | IRIE HILL | VIC | 3.50m | 2010 |
| M40 | BRETT GILLIGAN | VIC | 4.20m | 2019 | W45 | DAWN HARTIGAN | VIC | 3.35m | 2006 |
| M45 | BRUCE ARNOLD | QLD | 3.70m | 2000 | W50 | DAWN HARTIGAN | VIC | 3.20m | 2010 |
| M50 | BRUCE ARNOLD | QLD | 3.65m | 2005 | W55 | DAWN HARTIGAN | VIC | 3.20m | 2012 |
| M55 | CHRIS BOYLEN | VIC | 3.30m | 2019 | W60 | DAWN HARTIGAN | VIC | 2.70m | 2019 |
| M60 | KEN PRIESTLEY | VIC | 3.20m | 1999 | W65 | WILMA PERKINS | QLD | 2.10m | 2015 |
| M65 | ROB BARCLAY | VIC | 3.10m | 2004 | | | | | |
| M65 | GEORGE SCHILLINGER | VIC | 3.10m | 2015 | | | | | |
| M70 | ALBERT GAY | NSW | 3.00m | 2015 | | | | | |
| M75 | ALBERT GAY | NSW | 2.50m | 2018 | | | | | |
| M 80 | **FRED O'CONNOR | NSW | 1.90m | 2004 | | | | | |

| | | | | | | | | | |
|------|----------------------|-----|-------------------------------|------|------|----------------------|-----|-------------|------|
| M 85 | VIC YOUNGER | QLD | 1.50m | 1999 | | | | | |
| | DISCUS THROW | | | | | DISCUS THROW | | | |
| M30 | SHANE CARSTAIRS | VIC | 45.46m | 2019 | W30 | CHRIS SCHULTZ | VIC | 48.12m | 1984 |
| M35 | STUART GYNGELL | NSW | 48.71m | 2003 | W35 | CHRIS SCHULTZ | VIC | 47.36m | 1986 |
| M40 | DARRON HAWORTH | QLD | 50.65m | 2011 | W40 | CHRIS SCHULTZ | VIC | 44.42m | 1991 |
| M45 | STUART GYNGELL | NSW | 45.95m | 2009 | W45 | CHRIS SCHULTZ | VIC | 43.00m | 1996 |
| M50 | STUART GYNGELL | NSW | 50.78m | 2014 | W50 | ISABELLE DENEFFE | VIC | 37.60m | 1986 |
| M55 | WARWICK SELVEY | QLD | 44.38m | 1996 | W55 | CHRIS SCHULTZ | VIC | 32.35m | 2006 |
| M60 | RAY GREEN | ACT | 49.66m | 2005 | W60 | HEATHER DOHERTY | QLD | 31.78m | 1994 |
| M65 | WARWICK SELVEY | QLD | 45.76m | 2005 | W65 | **HEATHER DOHERTY | QLD | 30.74m | 1999 |
| M70 | TOM HANCOCK | VIC | 38.92m | 2011 | W70 | HEATHER DOHERTY | QLD | 25.30m | 2005 |
| M75 | ROY FOLEY | VIC | 35.50m | 1992 | W75 | HEATHER DOHERTY | QLD | 24.46m | 2012 |
| M80 | TOM HANCOCK | VIC | 31.10m | 2017 | W80 | HEATHER DOHERTY | QLD | 19.33m | 2015 |
| M85 | **FELIKS JEKABSONS | QLD | 25.28m | 2008 | W85 | RUTH FRITH | NSW | 13.34m(1kg) | 1998 |
| M90 | MAURICE DAUPHINET | QLD | 19.33m | 2016 | W90 | **RUTH FRITH | NSW | 12.10m(1kg) | 2000 |
| | | | | | W95 | RUTH FRITH | QLD | 10.29m | 2005 |
| | | | | | W100 | RUTH FRITH | QLD | 8.14m | 2010 |
| | SHOT PUT | | | | | SHOT PUT | | | |
| M30 | SHANE CARSTAIRS | VIC | 16.01m | 2019 | W30 | CHRIS SCHULTZ | VIC | 14.98m | 1984 |
| M35 | STUART GYNGELL | NSW | 17.78m | 2003 | W35 | CHRIS SCHULTZ | VIC | 14.67m | 1988 |
| M40 | STUART GYNGELL | NSW | 17.68m | 2008 | W40 | CHRIS SCHULTZ | VIC | 13.22m | 1991 |
| M45 | STUART GYNGELL | NSW | 17.69m | 2010 | W45 | CHRIS SCHULTZ | VIC | 13.16m | 1996 |
| M50 | STUART GYNGELL | NSW | 17.97m | 2014 | W50 | CHRIS SCHULTZ | VIC | 12.96m | 1992 |
| M55 | GRAEME ROSE | VIC | 13.08m | 2000 | W55 | HELEN SEARLE | NSW | 12.00m | 1999 |
| M60 | GEORGE MENCIK | ACT | 13.69m | 1994 | W60 | HELEN SEARLE | NSW | 12.05m | 2000 |
| M65 | GEOFF GEE | NSW | 12.87m | 2019 | W65 | HELEN SEARLE | QLD | 11.41m | 2005 |
| M70 | LEO CHRISTOPHER | NSW | 13.44m | 2013 | W70 | HELEN SEARLE | QLD | 9.67m | 2010 |
| M75 | **JIM PERIDIS | VIC | 11.64m | 2001 | W75 | HELEN SEARLE | QLD | 9.48m | 2015 |
| M80 | TOM HANCOCK | VIC | 11.53m | 2017 | W80 | RAEMA MCMILLAN | WA | 7.03m | 2010 |
| M85 | FELIX JEKABSONS | QLD | 9.10m | 2008 | W85 | RUTH FRITH | NSW | 5.52m(3kg) | 1999 |
| M90 | MAURICE DAUPHINET | QLD | 5.70m | 2017 | W90 | **RUTH FRITH | NSW | 5.37m(3kg) | 2001 |
| | | | | | W95 | RUTH FRITH | QLD | 5.04m | 2006 |
| | | | | | W100 | RUTH FRITH | QLD | 4.37m | 2010 |
| | HAMMER THROW | | | | | HAMMER THROW | | | |
| M30 | DAVID ALLAN | QLD | 57.10m | 2005 | W30 | KARYNE DI MARCO | NSW | 59.27m | 2008 |
| M35 | RICARD MEIRING | NSW | 60.34m | 2014 | W35 | BYRONY GLASS | WA | 54.67m | 2013 |
| M40 | HANS LOTZ | VIC | 57.26m | 1990 | W40 | **BYRONY GLASS | WA | 51.75m | 2018 |
| M45 | HANS LOTZ | VIC | 56.14m | 1997 | W45 | SHARON GIBBONS | ACT | 43.10m | 2004 |
| M50 | BOB WAGNER | QLD | 51.93m | 2007 | W50 | **MARJA PARVIAINEN | NSW | 51.73m | 1998 |
| M55 | **KEN READWIN | VIC | 49.34m | 1996 | W55 | MARJA PARVIAINEN | NSW | 50.56m | 2000 |
| M60 | GRAEME ROSE | VIC | 47.56m | 2008 | W60 | HELEN SEARLE | QLD | 42.85m | 2002 |
| M65 | WIM VAN WEENEN | VIC | 48.32m | 1997 | W65 | **HELEN SEARLE | QLD | 41.41m | 2006 |
| M70 | WIM VAN WEENEN | VIC | 46.99m | 2004 | W70 | JAN BANENS | ACT | 32.74m | 2013 |
| M75 | ROY FOLEY | VIC | 43.10m | 1992 | W75 | JAN BANENS | ACT | 31.39m | 2018 |
| M80 | **WIM VAN WEENEN | VIC | 41.98m | 2012 | W80 | VAL WORRELL | VIC | 25.02m | 2015 |
| M85 | JAMES DAVIS | WA | 28.82m | 2019 | W85 | RUTH FRITH | NSW | 13.36m(3kg) | 1999 |
| M90 | MAX MCKAY | NSW | 16.40m | 2014 | W90 | **RUTH FRITH | NSW | 13.13m(3kg) | 2000 |
| | | | | | W95 | RUTH FRITH | QLD | 12.93m | 2005 |
| | | | | | W100 | RUTH FRITH | QLD | 10.87m | 2011 |
| | JAVELIN THROW | | #Old Centre of Gravity | | | JAVELIN THROW | | | |
| M30 | ANDREW CURREY | NSW | 77.65m | 2001 | W30 | LYNETTE SMITH | NSW | 38.88m | 2005 |
| M35 | MANFRED ROHKAMPER | VIC | #60.70m | 1990 | W35 | JAYNE HARDY | ACT | 41.28m | 2000 |
| M40 | JOHN KAY | NSW | 61.78m | 2001 | W40 | JAYNE HARDY | ACT | 38.44m | 2003 |
| M45 | JOHN KAY | NSW | 57.18m | 2006 | W45 | JAYNE HARDY | ACT | 36.38m | 2008 |
| M50 | BOB BANENS | ACT | 54.22m | 2001 | W50 | JAYNE HARDY | ACT | 34.64m | 2013 |
| M55 | BOB BANENS | ACT | 51.45m | 2004 | W55 | **MARY THOMAS | NSW | 39.17m | 2001 |
| M60 | ANDREW FARR | VIC | 45.93m | 2012 | W60 | **CINDY GOY | VIC | 27.13m | 2019 |
| M65 | ANDREW FARR | VIC | 41.16m | 2016 | W65 | CAROL DAVIS | QLD | 23.32 | 2017 |
| M70 | **ERKKI SAARINEN | QLD | 42.00m | 2006 | W70 | MARY THOMAS | NSW | 22.97m | 2016 |
| M75 | ERKKI SAARINEN | QLD | 34.83m | 2011 | W75 | **MIRIAM CUDMORE | SA | 22.63m | 2014 |
| M80 | TOM HANCOCK | VIC | 30.32m | 2017 | W80 | **MIRIAM CUDMORE | SA | 20.75m | 2018 |

| | | | | | | | | | |
|-----|--|-----|------------|------|------|------------------------------------|-----|--------|------|
| M85 | KEVIN HOPKINS | NSW | 21.32m | 2004 | W85 | RUTH FRITH | NSW | 9.96m | 1998 |
| M90 | **MAURICE DAUPHINET | QLD | 17.11m | 2016 | W90 | RUTH FRITH | NSW | 9.64m | 2002 |
| | | | | | W95 | RUTH FRITH | QLD | 7.70m | 2005 |
| | | | | | W100 | RUTH FRITH | QLD | 5.90m | 2010 |
| | WEIGHT THROW | | | | | WEIGHT THROW | | | |
| M30 | DAVID ALLAN | QLD | 16.32m | 2005 | W30 | **KARYNE DI MARCO | NSW | 18.57m | 2008 |
| M35 | **RICARD MEIRING | NSW | 19.08m | 2014 | W35 | BYRONY GLASS | WA | 17.74m | 2013 |
| M40 | RICARD MEIRING | NSW | 16.93m | 2018 | W40 | **BYRONY GLASS | WA | 16.12m | 2018 |
| M45 | BOB WAGNER | QLD | 15.76m | 2005 | W45 | **GABI WATTS | NSW | 13.88m | 2015 |
| M50 | BOB WAGNER | QLD | 19.64m | 2007 | W50 | MARJA PARVIAINEN | NSW | 16.42m | 1999 |
| M55 | **PHILIP SPIVEY | VIC | 18.81m | 2019 | W55 | HELEN SEARLE | NSW | 14.59m | 1999 |
| M60 | **GRAEME ROSE | VIC | 19.03m | 2006 | W60 | HELEN SEARLE | NSW | 17.52m | 2000 |
| M65 | **WIM VAN WEENEN | VIC | 18.57m | 1997 | W65 | HELEN SEARLE | QLD | 16.10m | 2006 |
| M70 | WIM VAN WEENEN | VIC | 16.79m | 2004 | W70 | HELEN SEARLE | QLD | 11.95m | 2010 |
| M75 | RON SIMCOCK | NSW | 14.81m | 2011 | W75 | JAN BANENS | ACT | 13.26m | 2019 |
| M80 | WIM VAN WEENEN | VIC | 15.48m | 2012 | W80 | VAL WORRELL | VIC | 9.49m | 2015 |
| M85 | JAMES DAVIS | WA | 11.64m | 2019 | W85 | RUTH FRITH | NSW | 6.07m | 1999 |
| M90 | MAX MCKAY | NSW | 6.70m | 2014 | W90 | **RUTH FRITH | NSW | 6.19m | 2001 |
| | | | | | W95 | RUTH FRITH | QLD | 6.00m | 2005 |
| | | | | | W100 | RUTH FRITH | QLD | 4.72m | 2010 |
| | THROWS PENTATHLON | | | | | THROWS PENTATHLON | | | |
| M30 | SHANE CARSTAIRS | VIC | 3164 | 2019 | W30 | **BYRONY GLASS | WA | 3831 | 2009 |
| M35 | STUART GYNGELL | NSW | 3611 | 2002 | W35 | BYRONY GLASS | WA | 3621 | 2012 |
| M40 | **STUART GYNGELL | NSW | 3946 | 2006 | W40 | **JAYNE HARDY | ACT | 3929 | 2003 |
| M45 | **STUART GYNGELL | NSW | 4199 | 2009 | W45 | CHRIS SCHULTZ | VIC | 4160 | 1996 |
| M50 | STUART GYNGELL | NSW | 4072 | 2015 | W50 | MARJA PARVIAINEN | NSW | 4252 | 1998 |
| M55 | GRAEME ROSE | VIC | 4085 | 2001 | W55 | HELEN SEARLE | NSW | 4213 | 1998 |
| M60 | **GRAEME ROSE | VIC | 4242 | 2006 | W60 | DORN JENKINS | VIC | 4042 | 2018 |
| M65 | **GRAEME ROSE | VIC | 4325 | 2009 | W65 | BEV HAMILTON | WA | 3415 | 2015 |
| M70 | COLIN MURRAYLEE | QLD | 3995 | 1999 | W70 | MARY THOMAS | NSW | 4333 | 2015 |
| M75 | TOM HANCOCK | VIC | 4036 | 2012 | W75 | HEATHER DOHERTY | QLD | 3890 | 2009 |
| M80 | TOM HANCOCK | VIC | 4394 | 2017 | W80 | RAEMA MCMILLAN | WA | 3710 | 2010 |
| M85 | **FELIKS JEKABSONS | QLD | 3805 | 2008 | W85 | RUTH FRITH | NSW | 3155 | 1998 |
| | | | | | W90 | RUTH FRITH | NSW | 3598 | 2000 |
| | | | | | W95 | RUTH FRITH | QLD | 4253 | 2006 |
| | | | | | W100 | RUTH FRITH | QLD | 5061 | 2010 |
| | PENTATHLON w/DISCUS *Original scoring, otherwise 2016 scoring | | | | | PENTATHLON w/SHOT from 2009 | | | |
| M30 | GEOFF GIBBONS | TAS | 2938 | 2011 | W30 | **JITKA HISCOX | VIC | 3236 | 2016 |
| M35 | PAUL JEFFERY | WA | 3170 | 2012 | W35 | **LEONIE HOFFMAN | QLD | 2852 | 2012 |
| M40 | GEOFF GIBBONS | TAS | 3270 | 2017 | W40 | **LEE-ANNE GROSVENOR | QLD | 3290 | 2015 |
| M45 | JOHN GORDON | NSW | *3784 3513 | 1993 | W45 | RACHEL LITTLE | VIC | 3322 | 2015 |
| M50 | KEN DANIELS | ACT | *3519 3209 | 1989 | W50 | **DONNA BURGESS | VIC | 3583 | 2013 |
| M55 | LUKE DE BIASI | VIC | 3619 | 2019 | W55 | GIANNA MOGENTALE | NSW | 3708 | 2019 |
| M60 | QUENTIN ANTHONY | ACT | *4221 3617 | 1992 | W60 | MARGARET TAYLOR | ACT | 3394 | 2009 |
| M65 | MIKE JOHNSTON | VIC | *4142 3325 | 1991 | W65 | CAROL DAVIS | QLD | 3715 | 2016 |
| M70 | MIKE JOHNSTON | VIC | *4269 3547 | 1993 | W70 | ANNE LANG | SA | 3222 | 2015 |
| M75 | FRED O'CONNOR | NSW | *3139 3010 | 2001 | W75 | **MIRIAM CUDMORE | SA | 3931 | 2016 |
| M80 | FRED O'CONNOR | NSW | *3456 3247 | 2004 | W80 | JO KLEMKE | ACT | 2634 | 2019 |
| M85 | MAURICE DAUPHINET | QLD | 2770 | 2011 | | | | | |
| M90 | **MAURICE DAUPHINET | QLD | 2955 | 2016 | | | | | |
| | DECATHLON (2016 SCORING) | | | | | HEPTATHLON (2016 SCORING) | | | |
| M30 | WARREN EVANS | QLD | 6352 | 2003 | W30 | LEANNE MCMURDY | QLD | 3192 | 2003 |
| M35 | GEOFF GIBBONS | TAS | 6487 | 2015 | W35 | JENNIFER BALDWIN | VIC | 3945 | 2002 |
| M40 | **GEOFF GIBBONS | TAS | 7022 | 2017 | W40 | LEE-ANNE GROSVENOR | QLD | 4068 | 2014 |
| M45 | JUSTIN HANRAHAN | VIC | 7216 | 2015 | W45 | KAREN CARAH | VIC | 4883 | 2016 |
| M50 | PETER MURRAY | NSW | 5567 | 2015 | W50 | WILMA PERKINS | QLD | 4406 | 2003 |
| M55 | NELSON VINEY | QLD | 5192 | 2003 | W55 | WILMA PERKINS | QLD | 5200 | 2005 |
| M60 | GREG MAMALIS | NSW | 5875 | 2003 | W60 | CHRISTINE BRIDLE | VIC | 4322 | 2019 |
| M65 | **DON FRASER | ACT | 6746 | 2005 | W65 | KATHY HEAGNEY | VIC | 3301 | 2020 |
| M70 | **GEOFF SHAW | VIC | 7307 | 2019 | W70 | | | | |
| M75 | DON CHAMBERS | VIC | 4566 | 2013 | W75 | MARGE ALLISON | QLD | 5618 | 2020 |

| | | | | | | | | | |
|--|----------------------------|-----|--------------|-------|--|----------------------|-----|--------------|-------|
| M80 | RAD LEOVIC | ACT | 3765 | 2009 | | | | | |
| M90 | **VIC YOUNGER | VIC | 3133 | 2003 | | | | | |
| CHAMPION OF CHAMPIONS SPRINTS MEN | | | | | CHAMPION OF CHAMPIONS SPRINTS WOMEN | | | | |
| 1987 | FRED TURNER M45 | NSW | 12.57s | SYD | 1987 | WILMA PERKINS W35 | QLD | 13.07s | SYD |
| 1988 | HARRY GATHERCOLE M80 | VIC | 12.3s (110) | BRIS | 1988 | KAREN ADAMS W35 | NSW | 11.9s (110) | BRIS |
| 1994 | ROY FEARNALL M50 | WA | 11.26s | SYD | 1994 | MAVIS COLLINS W75 | QLD | 11.46s | SYD |
| 1998 | MICK PIRIE M65 | QLD | ? | BRIS | 1998 | NOREEN PARISH W55 | NSW | ? | BRIS |
| 1999 | REG AUSTIN M60 | NSW | 10.52s | CANB | 1999 | J. CASEY W50 | NSW | 12.14s | CANB |
| 2000 | JEFF KING M35 | ACT | 10.94s | HOB | 2000 | M. REID W45 | ACT | 11.13s | HOB |
| 2001 | REG AUSTIN M60 | NSW | 10.46s | SYD | 2001 | LYNNE CHOATE W45 | WA | 11.8sh | PERTH |
| 2002 | JOHN WIGHT M55 | QLD | 10.63s | ADEL | 2001 | WILMA PERKINS W50 | QLD | 11.8sh | SYD |
| 2003 | PETER CROMBIE M55 | NSW | 10.50s | PERTH | 2002 | ANN COOPER W70 | SA | 11.63s | ADEL |
| 2004 | DAVID CLIVE M67 | WA | 10.86s | MELB | 2003 | ANN COOPER W70 | SA | 11.64s | PERTH |
| 2005 | JOHN COOPER M65 | QLD | 10.20s | BRIS | 2004 | ANN COOPER W75 | SA | 11.81s | MELB |
| 2006 | JOHN COOPER M66 | QLD | 10.42s | CANB | 2005 | WENDY SHEAVES/DORAN | QLD | 12.11s | BRIS |
| 2007 | HUGH COOGAN M70 | QLD | 10.40s | HOB | 2006 | ANN COOPER W77 | SA | 11.23m | CANB |
| 2008 | NEVILLE MCINTYRE M65 | NSW | 10.56s | SYD | 2007 | ANN COOPER W78 | SA | 11.03s | HOB |
| 2009 | NEVILLE MCINTYRE M66 | NSW | 10.54s | ADEL | 2008 | GIANNA MOGENTALE W44 | NSW | 11.68s | SYD |
| 2010 | ROB MCDONALD M66 | QLD | 10.33s | PERTH | 2009 | GIANNA MOGENTALE W45 | NSW | 11.80s | ADEL |
| 2011 | HUGH COOGAN M75 | QLD | 10.49s | BRIS | 2010 | GIANNA MOGENTALE W46 | NSW | 11.29s | PERTH |
| 2012 | HUGH COOGAN M76 | QLD | 10.21s | MELB | 2011 | GIANNA MOGENTALE W47 | NSW | 11.56s | BRIS |
| 2013 | ROB MCDONALD M70 | QLD | 10.46s | CANB | 2012 | GIANNA MOGENTALE W48 | NSW | 11.38s | MELB |
| 2014 | ROB MAYSTON M56 | VIC | 10.73s | HOB | 2013 | GIANNA MOGENTALE W49 | NSW | 11.21s | CANB |
| 2015 | DARREN HUGHES M50 | NSW | 10.44s | SYD | 2014 | GIANNA MOGENTALE W50 | NSW | 11.38s | HOB |
| 2016 | PETER CROMBIE M70 | NSW | 10.56s | ADEL | 2015 | LYN PEAKE W65 | SA | 11.25s | SYD |
| 2016 | ROB MAYSTON M59 | VIC | 10.56s | ADEL | 2016 | LYN PEAKE W66 | SA | 10.86s | ADEL |
| 2017 | BOB WISHART M75 | VIC | 10.41s | DARW | 2017 | JULIE BRIMS W51 | QLD | 11.09s | DARW |
| 2018 | ASHLEY MCMAHON M42 | NSW | 10.30s | PERTH | 2018 | JULIE BRIMS W52 | QLD | 11.34s | PERTH |
| 2019 | BOB WISHART M75 | VIC | 10.49s | MELB | 2019 | JULIE BRIMS W53 | QLD | 11.61s | MELB |
| CHAMPION OF CHAMPIONS THROWS MEN | | | | | CHAMPION OF CHAMPIONS THROWS WOMEN | | | | |
| 1999 | P. O'BRIEN M30 | ACT | 73.06m (JAV) | ACT | 1999 | MARY THOMAS W50 | NSW | 55.65 (JAV) | CANB |
| 2000 | J. DAVIS M65 | QLD | 60.20m (DT) | HOB | 2000 | CHRIS SCHULTZ W45 | VIC | 50.02 (DT) | HOB |
| 2001 | KEN READWIN M60 | VIC | 61.36m (HT) | SYD | 2001 | M. PARVIAINEN W55 | NSW | 60.65m (HT) | NSW |
| 2002 | TED VICKERS M82 | QLD | 18.12m (SP) | ADEL | 2002 | MARY THOMAS W55 | NSW | 15.99m (SP) | ADEL |
| 2003 | BOB BANENS M50 | ACT | 20.37m (WT) | PERTH | 2003 | RAEMA MCMILLAN W75 | WA | 20.72m (WT) | PERTH |
| 2004 | BOB WATSON M62 | NSW | 59.95m (JAV) | MELB | 2004 | MARY THOMAS W59 | NSW | 50.80m (JAV) | MELB |
| 2005 | WARREN EVANS | QLD | 51.80m (DT) | BRIS | 2005 | LYNETTE SMITH W30 | NSW | 48.21m (DT) | BRIS |
| 2006 | GRAEME ROSE M60 | VIC | 59.19m (HT) | CANB | 2006 | TATIANA SUDARIKOVA | NSW | 51.34m (HT) | CANB |
| 2007 | STUART GYNGELL M40 | NSW | 20.77m (SP) | HOB | 2007 | LISA KIRSCH | TAS | 20.82m (SP) | HOB |
| 2008 | GRAEME ROSE M60 | VIC | 18.21m (WT) | SYD | 2008 | RAYLEA RUDOV | ACT | 13.33m (WT) | SYD |
| 2009 | ANDREW ATKINSON-HOWATT M50 | NSW | 59.73m (JAV) | ADEL | 2009 | MARY THOMAS W60 | NSW | 55.03m (JAV) | ADEL |
| 2010 | MARK HAMILTON M39 | WA | 51.06m (DT) | PERTH | 2010 | RAEMA MCMILLAN W82 | WA | 53.44m (DT) | PERTH |
| 2011 | PETER NEALE M43 | VIC | 47.64m (HT) | BRIS | 2011 | JILL TAYLOR W55 | NSW | 35.94m (HT) | BRIS |
| 2012 | KEITH JAMES M70 | NSW | 19.43m (SP) | MELB | 2012 | JOANNE PRONK W55 | QLD | 19.93m (SP) | MELB |
| 2013 | GRZEGORZ URBANOWICZ M34 | WA | 21.67m (WT) | CANB | 2013 | DORN JENKINS W57 | VIC | 20.72m (WT) | CANB |
| 2014 | DARRIN NORWOOD | QLD | (JAV) | HOB | 2014 | CATHY MCKEOWN | TAS | (JAV) | HOB |
| 2015 | JAMIE MUSCAT M35 | NSW | 57.82m (DT) | SYD | 2015 | MARY THOMAS W70 | NSW | 52.83m (DT) | SYD |
| 2016 | JAMES DAVIS M80 | WA | 63.19m (HT) | ADEL | 2016 | GABI WATTS W50 | NSW | 59.41m (HT) | ADEL |
| 2017 | DARRIN NORWOOD M35 | QLD | 21.32m (SP) | DARW | 2017 | WILMA PERKINS W67 | QLD | 20.22m (SP) | DARW |
| 2018 | TODD DAVEY M51 | TAS | 22.17m (WT) | PERTH | 2018 | DORN JENKINS W62 | VIC | 20.93m (WT) | PERTH |
| 2019 | GREG CARSTAIRS M30 | VIC | 58.58m (JAV) | MELB | 2019 | MARY THOMAS W74 | NSW | 39.13m (JAV) | MELB |
| ROYCE FOLEY TROPHY (Highest Points Winners in Weight Pentathlon - not to be won more than once in an age group) | | | | | | | | | |
| 1996 | GRAEME ROSE M50 | VIC | 4256 | PERTH | 1996 | CHRIS SCHULTZ W45 | VIC | 4464 | PERTH |
| 1997 | WIM VAN WEENEN M65 | VIC | 4516 | MELB | 1997 | HEATHER DOHERTY W60 | QLD | 4272 | MELB |
| 1998 | TOM HANCOCK M60 | VIC | 4233 | BRIS | 1998 | HELEN SEARLE W55 | NSW | 4337 | BRIS |
| 1999 | COLIN MURRAYLEE M70 | QLD | 4484 | CANB | 1999 | HEATHER DOHERTY W65 | QLD | 4587 | CANB |
| 1999 | GRAEME ROSE M55 | VIC | 4484 | CANB | | | | | |
| 2000 | RAY GREEN M55 | ACT | 4070 | HOB | 2000 | HELEN SEARLE W60 | NSW | 5022 | HOB |
| 2001 | BOB BANEN M50 | ACT | 4094 | SYD | 2001 | RUTH FRITH W90 | NSW | 4215 | SYD |
| 2002 | WIM VAN WEENEN M70 | VIC | 4232 | ADEL | 2002 | MARY THOMAS W55 | NSW | 4118 | ADEL |
| 2003 | TOM HANCOCK M65 | VIC | 4295 | PERTH | 2003 | GWEN DAVIDSON W80 | VIC | 4257 | PERTH |

| | | | | | | | | | |
|---|-----------------------|------|------------|-------|------|----------------------|------|-----------|-------|
| 2004 | FELIKSS JEKABSONS M80 | QLD | 3985 | MELB | 2004 | HEATHER DOHERTY W70 | QLD | 4571 | MELB |
| 2005 | COLIN MURRAYLEE M75 | QLD | 4272 | BRIS | 2005 | RUTH FRITH W95 | QLD | 7380 | BRIS |
| 2006 | GRAEME ROSE M60 | VIC | 4538 | CANB | 2006 | HELEN SEARLE W65 | QLD | 5145 | CANB |
| 2007 | KEITH JAMES M65 | NSW | 4027 | HOB | 2007 | JAN BANENS W65 | ACT | 4363 | HOB |
| 2008 | FELIKS JEKABSONS M85 | QLD | 4505 | SYD | 2008 | JAYNE HARDY W45 | ACT | 4394 | SYD |
| 2009 | GRAEME ROSE M65 | VIC | 4766 | ADEL | 2009 | HEATHER DOHERTY W75 | QLD | 4986 | ADEL |
| 2010 | RAY GREEN M65 | ACT | 4126 | PERTH | 2010 | RUTH FRITH W100 | QLD | 11169 | PERTH |
| 2011 | STUART GYNGELL M45 | NSW | 4004 | BRIS | 2011 | HELEN SEARLE W70 | QLD | 4318 | BRIS |
| 2012 | TOM HANCOCK M70 | VIC | 4132 | MELB | 2012 | JAN BANENS W70 | ACT | 3908 | MELB |
| 2013 | GUY QUARTERMAN M71 | QLD | 3644 | CANB | 2013 | JAYNE HARDY W50 | ACT | 4213 | CANB |
| 2014 | STUART GYNGELL W50 | NSW | 3729 | LAUN | 2014 | BEVERLEY SAVAGE W68 | NZ | 3632 | LAUN |
| 2015 | RON SIMCOCK M75 | NSW | 3829 | SYD | 2015 | MARY THOMAS W70 | NSW | 4333 | SYD |
| 2016 | TOM GRAVESTOCK M61 | WA | 3552 | ADEL | 2016 | GABI WATTS W50 | NSW | 4235 | ADEL |
| 2017 | TOM HANCOCK M80 | VIC | 4394 | DARW | 2017 | JAN BANENS W75 | ACT | 3803 | DARW |
| 2018 | JO PETERS M60 | WA | 3813 | PERTH | 2018 | DORN JENKINS W60 | VIC | 4042 | PERTH |
| 2019 | JO PETERS M65 | WA | 3977 | MELB | 2019 | JAYNE HARDY W56 | ACT | 4148 | MELB |
| BRIAN FOLEY AWARD (Best Age-Graded 800m/1500m Performance) | | | | | | | | | |
| 2009 | DAVID CARR M76 | WA | 95.99% | ADEL | 2015 | LAVINIA PETRIE W71 | VIC | 101.18% | SYD |
| 2010 | LAVINIA PETRIE W66 | VIC | 95.73% | PERTH | 2016 | DONALD MATHEWSON M70 | NSW | 91.84% | ADEL |
| 2011 | LAVINIA PETRIE W67 | VIC | 97.91% | BRIS | 2017 | JEANETTE FLYNN W65 | QLD | 95.62% | DARW |
| 2012 | LORRAINE LOPES | WA | 96.70% | MELB | 2018 | LAVINIA PETRIE W74 | VIC | 91.12% | PERTH |
| 2013 | LAVINIA PETRIE W69 | VIC | 99.45% | CANB | 2019 | DAVID CARR M86 | WA | 96.87% | MELB |
| 2014 | ALLAN COOK M51 | VIC | 95.54% | HOB | | | | | |
| Location of Australian Championships: | | | | | | | | | |
| | Melbourne | 1973 | Hobart | 1985 | | Melbourne | 1997 | Adelaide | 2009 |
| | Sydney | 1974 | Adelaide | 1986 | | Brisbane | 1998 | Perth | 2010 |
| | Adelaide | 1975 | Sydney | 1987 | | Canberra | 1999 | Brisbane | 2011 |
| | Brisbane | 1976 | Brisbane | 1988 | | Hobart | 2000 | Melbourne | 2012 |
| | Perth | 1977 | Perth | 1989 | | Bankstown | 2001 | Canberra | 2013 |
| | Melbourne | 1978 | Melbourne | 1990 | | Adelaide | 2002 | Hobart | 2014 |
| | Sydney | 1979 | Canberra | 1991 | | Perth | 2003 | Bankstown | 2015 |
| | Adelaide | 1980 | Hobart | 1992 | | Melbourne | 2004 | Adelaide | 2016 |
| | Brisbane | 1981 | Adelaide | 1993 | | Brisbane | 2005 | Darwin | 2017 |
| | Perth | 1982 | Sydney | 1994 | | Canberra | 2006 | Perth | 2018 |
| | Melbourne | 1983 | Townsville | 1995 | | Hobart | 2007 | Melbourne | 2019 |
| | Canberra | 1984 | Perth | 1996 | | Blacktown | 2008 | Brisbane | 2022 |
| Compiled by Clyde Riddoch, AMA Records Officer, 40 Beauchamp Street, Preston Vic 3072 | | | | | | | | | |
| Tel 03 9470 1490, Mobile 0439 902 907, Email clydeR@outlook.com.au | | | | | | | | | |